# **EP&R Dispatch**



2020 Winter/Spring Edition

## What's happening at Eudora Parks and Recreation?

Youth Soccer Leagues - 2020 Spring Season

## Youth Soccer for boys and girls Grades Pre-K — 8th Price: \$45

Saturday morning games played in Eudora, De Soto, Baldwin City, and Wellsville

Registration open now - <u>DEADLINE</u>: <u>February 16th!!</u>
(\$15 late fee after deadline, no guaranteed spot)

Coaches meeting (tentative) — Saturday, February 22 @ 1:00pm

Location: Eudora Community Center

**LEAGUE GAMES BEGIN SATURDAY, March 28th!** 



Register online at www.eudoraparksandrec.org or at the Eudora Community Center

## BlastBall! - Your little ones will LOVE It !!!



**BlastBall!...**is a fast-paced instructional game relating closely to baseball or softball providing entry-level skills to young boys and girls.

A great primer for future ballplayers!

Price per player: \$27 (includes shirt) (register online or at Eudora Community Center)

All "game-days" on Tuesday evenings at TBD locations

Four Sessions to choose from:

April 21—May 12 (Deadline - 4/12) — June 9—July 7 (Deadline - 5/30) July 28—August 18 (Deadline - 7/19) — Sept. 15—Oct. 6 (Deadline - 9/6)

## Pickleball !!! - FREE play and equipment provided

#### What is Pickleball?

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use paddles to hit a "wiffle ball", over a net.



#### Come see what all the craze is about!

We have FREE play most every Tuesday and Thursday mornings from 9:30am-11am AND, get together on Wednesday evenings from 6-8pm



### 8th March Madness Leprechaun Dash! - 5k Run/Walk/Crawl

Join us for our 8th Annual "March Madness Leprechaun Dash" 5k Run/Walk/Crawl! — Sat., Mar. 14 - 10:30am

\$15 registration before 3/6/20 includes T-Shirt \$20 registration AFTER 3/6/20 - NO T-Shirt guarantee (Shirts available to order day of event)

#### PRE-REGISTER PLEASE!!!

Forms available online or at Community Center



## Sundays with Sacha - Yoga/Pilates for all ages and levels



#### **End Your Weekend and Start Your Week RELAXED and REJUVENATED**

Join certified instructor, Sacha Dick, for this class and exercise your mind and body.

#### SUNDAYS — 6:00PM-7:00PM (beginning in Sept.) @ EUDORA COMMUNITY CENTER \$7 PER DROP-IN CLASS OR \$60/10 CLASSES

Contact: sachafire@gmail.com — Please bring your own mat...all ages and levels!

## Tumbling 101!!! - Beginning gymnastics

"Tumbling 101" is aimed at both boys and girls from toddler-age and up!

Tumbling drills, stretches, and beginning gymnastic moves are emphasized. Begins January 18!

Classes held Saturday afternoons in gym.

2-3yrs - 3:00pm

4-6yrs - 3:45pm

7yrs up - 4:30pm



\$50/six-week session - Pay instructor at class - Email kristyspellman@yahoo.com for more info

## Community Garage/Rummage Sale

#### EPRD Multi-Family & Friends Garage/Rummage Sale

Sell your gently used items, crafts, toys, games,

miscellaneous stuff and more!

Anyone interested in selling items may rent 8-foot tables or space at a price of \$10 each Tabels/space will be limited.

Register and reserve your space at the Community Center please.

Saturday, January 25th from 8am-1pm at the Community Center, 1630 Elm St.







#### Senior Meals Congregate Lunch Site Now at Eudora Parks & Recreation Community Center

The Eudora Parks and Recreation Department is partnering with Meals on Wheels of Eastern Kansas to offer congregate meals at the Eudora Community Center. Any senior (60 and older) member of our community who would like to receive Meals on Wheels and signs up for the congregate site delivery can attend the group lunch. Sign-up is required, please see below for details.

#### **Full Details:**

What - Senior Meals on Wheels Congregate Lunch

When - Monday through Friday, 11:30 a.m. - 12:30 p.m.

Where - Eudora Community Center, Parks and Recreation Building (next to community pool)

<u>How</u> - All attendees must sign up with Meals on Wheels to have their lunch delivered to the community center instead of at home. You can find the form at the community center.

<u>Why</u> - To provide a space for our community's seniors to gather and enjoy the company of their friends and neighbors. Please share with your neighbors!

## \*\*\* EPRD/Community Activities \*\*\*

- \*\*\* EABSA EUDORA BASEBALL/SOFTBALL REGISTRATION FOR 2020 SEASONS Feb. 1— Mar. 20 - Open registration on website — www.eabsa.com Feb. 8 and Feb. 15 - On-site registration at Eudora Community Center March 28 - Draft Day - Lucy Kaegi Park ballfields - 11a-6p
- \*\*\* ACE AUTISM WALK CPA Park, Downtown Eudora April 4th 1:00p-3:00p
- \*\*\* "LET'S GET GROWING" Plants, vegetables, trees, etc. FREE educational session on planting with the Eudora-area Master Gardeners Association and Lions Club.

  Sponsored by EPRD and the Eudora Lions Club April 16 at 7pm in ECC.
- \*\*\* EUDORA DISC GOLF 9-hole course located at Bluejacket Park. FREE to play.

  Equipment check-out at ECC. Let us know if interested in leagues!
- \*\*\* "TODDLER TIME" AT EPRD M/W/F from 10:30am-11:45am in Gymnasium \$1
- \*\*\* EPRD ADULT WOMEN'S VOLLEYBALL LEAGUE Spring league beginning on Sunday,
  March 22. \$110/team 8-match guarantee Sign up online or at Community Center

## Eudora Wellness Center

"Where your wellness is our business..."

\$125

#### MONTHLY MEMBERSHIPS

Monthly Six-Month Annual

Family Senior Membership

Adult Membership \$24/month \$120 \$240 Senior Membership (55+) \$15/month \$75 \$150 Family Membership \$36/month \$180 \$360\*\*\* \$25/month \$250\*\*\*

(\*\*\* Includes Season Pool Pass!)

#### Weekly Punch Pass Memberships

7 punches/\$15 — Adult

7 punches/\$10 — Senior/Student

Daily Charges — \$3.00, adult \$2.00, student \$1.50, senior

Ask us about our discounted "Corporate Rate" packages for your organization or business!

#### **Eudora Wellness Center offers:**

Treadmills, Elliptical Machines, Recumbent Bikes, Upright Bike, Dual Universal Weight Machines that work every part of your body, a Power-Squat Rack, with plenty of dumbbells and benches for free weights.

Come check us out today! — NO contracts, no hidden fees....no nonsense!









#### **Eudora Community Center**

**HOURS OF OPERATION** Winter/Spring hours

Mon-Thurs.—6:30am-9:00pm

Friday — 6:30am-7:00pm

Sat.—9:00am-7:00pm

Sun.—1:00pm-6:00pm

Please call ahead for open-gym times.

**Eudora Parks and Recreation** 1630 Elm Street - P.O. Box 182 **Eudora, Kansas 66025** (785)542-3434 or 542-1725 www.eudoraparksandrec.org